



STANFORD ATHLETICS MEDIA RELATIONS

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2009 STANFORD WOMEN'S LACROSSE

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Stanford Schedule (12-4 overall, 6-0 MPSF)

Date	Opponent	Time
FEBRUARY...		
7 (Sat.)	at Oregon*	W, 17-5
12 (Thu.)	Fresno State*	W, 20-1
17 (Tue.)	Albany	W, 15-10
20 (Fri.)	Syracuse	L, 10-15
25 (Wed.)	at UC Davis*	W, 20-3
28 (Sat.)	at Notre Dame	L, 8-17
MARCH...		
6 (Fri.)	at Saint Mary's*	W, 18-7
8 (Sun.)	William and Mary	W, 18-9
27 (Fri.)	at Johns Hopkins	W, 10-7
29 (Sun.)	at Maryland	L, 12-20
APRIL...		
10 (Fri.)	Denver*	W, 17-10
12 (Sun.)	California*	W, 13-4
17 (Fri.)	at Davidson	W, 19-4
19 (Sun.)	at North Carolina	L, 10-13
24 (Fri.)	UC Davis (1)	W, 17-3
26 (Sat.)	California (1)	W, 18-13
30 (Thu.)	Louisville	3 p.m.
MAY...		
2 (Sat.)	at Pennsylvania	10 a.m.
10 (Sun.)	NCAA First Round	TBA
16 (Sat.)	NCAA Quarterfinals	TBA
22 (Fri.)	NCAA Semis (Towson, Md.)	TBA
24 (Sun.)	NCAA Final (Towson, Md.)	TBA

All times listed are Pacific
* Mountain Pacific Sports Federation
(1) MPSF tournament at Stanford
bold indicates home game

General Information

Location: Stanford, Calif.

Enrollment: 13,198 (6,584 undergrad)

Nickname: Cardinal

Home Field (capacity):

Laird Q. Cagan Stadium (2,000)

Conference: Mtn. Pacific Sports Federation

Athletics Web site: gostanford.com

2008 Record: 12-8 (3-2, third)

2008 Postseason: MPSF Tournament champion

Conference titles: 1995, 1998, 1999, 2000, 2001, 2002, 2003, 2005, 2006, 2007, 2008

Lacrosse Staff

Head Coach: Amy Bokker (Wm. & Mary '95)

Stanford Record: 12-4 (first season)

Career Record: 106-106 (13th season)

Assistant Coaches:

Brooke McKenzie (James Madison, 2006)

Jaime Sellers (William and Mary, 2008)

Volunteer Assistant Coach: Laura Shane

Stanford to Make Final NCAA Push

MPSF champion Cardinal completes regular season

STATING ITS CASE

Thursday, April 30, 3 p.m.

Louisville (9-6) at No. 14 Stanford (12-4)

Saturday, May 2, 10 a.m. PT

Stanford at No. 3 Pennsylvania (13-1)

This Week

One goal fulfilled, the No. 14 Stanford women's lacrosse team will attempt to achieve another when it completes its regular season with a pair of nonconference games this week, against visiting Louisville (9-6) on Thursday at 3 p.m. and at No. 3 Penn on Saturday at 10 a.m. PT. Stanford captured its fifth consecutive Mountain Pacific Sports Federation championship on Sunday, beating visiting California 18-13 in the tournament final. However, the MPSF doesn't yet have an automatic berth in the 17-team NCAA tournament and Stanford will use this week's games as a final opportunity to state its case to the selection committee for an at-large berth.

On the Net

Live video streaming for Thursday's game will be available on gostanford.com. To find the webcast link, go to the main page and click on the All-Access button or scroll down to the Calendar of Events, and click on the "Watch" link.

NCAA Selection Show

Selections for the NCAA Division I women's tournament, as well as the Div. I-III men's and women's events, will be announced Sunday on CBS College Sports Network during the NCAA Lacrosse Selection Special, from 7-8 p.m. PT. The network can be found on DirecTV (channel 613), DISH Network (channel 152) and through most Comcast providers.

Who Gets In?

There are 86 schools that play Division I women's lacrosse, representing 11 conferences. Only these conferences receive automatic bids: the America East, Atlantic Coast, Atlantic-10, Big East, Colonial Athletic Association, Ivy Group and the Patriot League. In addition, the Metro Atlantic Athletic Association champion will play host to the Northeast Conference champion in a play-in game. That accounts for nine schools in the 17-team field, with eight at-large spots remaining to be filled. The at-large spots will be determined by:

- Ratings Performance Index
- Head to head
- Winning percentage against common opponents
- Evaluation of 10 highest-rated opponents on each team's schedule, by strength of schedule and winning percentage.

Where Stanford Stands

The schools that have earned automatic bids are: Maryland (ACC), Massachusetts (Atlantic 10), Notre Dame (Big East), Penn (Ivy), Colgate (Patriot), Fairfield (MAAC) and Sacred Heart (Northeast). The CAA and America East will stage their tournaments this weekend. Assuming top seeds William and Mary, and Boston U. win, here are a list of top at-large teams (eight will get NCAA berths), in order of their RPI:

1, Northwestern; 3, North Carolina; 5, Duke; 7, Syracuse; 8, Georgetown; 9, Virginia; 10, Princeton; 11, Dartmouth; 12, Vanderbilt; 14, Penn State; 16, Cornell; 17, Ohio State; **18, Stanford**; 20, Old Dominion.

Stanford is 0-2 against other potential at-large teams, having lost to North Carolina and Syracuse. However, Stanford will raise its RPI simply by playing Penn (ranked No. 3 in the nation), and could vault over teams with victories this week. Stanford is ranked No. 14 in the country in the IWLCAs coaches' poll and the insidelacrosse.com media poll.

Final MPSF Standings

Team	Conf.	Overall
Stanford	6-0	10-4
Oregon	4-2	11-4
Denver	4-2	10-6
California	4-2	6-10
UC Davis	2-4	4-10
Saint Mary's	1-5	3-12
Fresno State	0-6	0-13

MPSF Tournament Results

At Stanford, April 23-26

Quarterfinals

Oregon 19, Fresno State 2
California 17, Saint Mary's 6
UC Davis 16, Denver 14

Semifinals

California 10, Oregon 9
Stanford 17, UC Davis 3

Championship

Stanford 18, California 13

MPSF Champions

2009: Stanford
2008: Stanford
2007: Stanford
2006: Stanford
2005: Stanford
2004: California

2009 Roster

No.	Name	Pos.	Ht.	Yr.	Hometown (High School)
1	Vikki Fanslow	D/M	5-5	Sr.	Farmingdale, N.Y. (Farmingdale)
2	Charity Fluharty	M	5-9	Jr.	Grove City, Ohio (Columbia School for Girls)
3	Eleanor Foote	M	5-7	Jr.	West Newton, Mass. (St. Paul's School)
4	Karen Nesbitt	M	5-10	So.	Cincinnati, Ohio (Sycamore)
5	Ashley Aruffo	D/M	5-5	So.	Wynnewood, Pa. (Episcopal Academy)
6	Jamie Nesbitt	M	5-7	Sr.	Cincinnati, Ohio (Sycamore)
7	Amanda Schwab	A	5-4	Jr.	Bryn Mawr, Pa. (Harrilton)
8	Catherine Swanson	D	5-9	Fr.	Potomac, Md. (Holton-Arms School)
9	Sarah Flynn	M/A	5-6	So.	Baltimore, Md. (Towson)
11	Melissa Vogelsong	D	5-9	Sr.	Jamesville, N.Y. (Jamesville-Dewitt)
12	Maggie Sachs	A	5-6	So.	Freeland, Md. (The Park School)
13	Julie Christy	M	5-4	Jr.	Malvern, Pa. (Conestoga)
14	Claire Hubbard	A	5-2	Jr.	Lutherville, Md. (Towson)
15	Leslie Foard	M	5-8	So.	Cincinnati, Ohio (Mariemont)
16	Caroline Smith	D/M	5-5	Fr.	Dallas, Texas (The Hockaday School)
17	Paige Farmakis	D	5-4	Fr.	Chatham, N.J. (Chatham)
18	Bess Siegfried	M	5-5	Jr.	Devon, Pa. (Agnes Irwin School)
20	Dana Lindsay	M/A	5-4	Jr.	Cleveland Heights, Ohio (Cleveland Heights)
21	Maris Perlman	M	5-6	Sr.	North Kingstown, R.I. (Lincoln School)
22	Maria Fortino	M	5-4	Fr.	Owings Mills, Md. (McDonogh School)
23	Emily Layden	A	5-1	So.	Saratoga Springs, N.Y. (Saratoga Springs)
24	Lauren Schmidt	M	5-4	Jr.	Bay Shore, N.Y. (Bay Shore)
27	Ilyssa McIntyre	M	5-10	Fr.	Chatham, N.J. (Oak Knoll School)
28	Anna Boeri	M	5-8	Fr.	Phoenix, Md. (Notre Dame Prep)
30	Annie Read	G	5-9	So.	Riverside, Conn. (Greenwich)
31	Leigh Lucas	M	5-6	Jr.	Bethesda, Md. (National Cathedral School)
32	Emilie Boeri	M	5-9	Fr.	Phoenix, Md. (Notre Dame Prep)
33	Erika Herrera	A	5-5	Fr.	Vienna, Va. (St. Stephen's and St. Agnes School)
35	Sarah Blahnik	M	5-8	Jr.	Wayland, Mass. (Montrose School)

MPSF Champions

Stanford continued its dominance in conference play by capturing its fifth consecutive Mountain Pacific Sports Federation championship with an 18-13 victory over Cal in the tournament final Sunday at Laird Q. Cagan Stadium. Stanford got a collegiate career high five goals from Leslie Foard, and three goals and two assists each from Karen Nesbitt and Lauren Schmidt.

Individual Honors

Karen Nesbitt, who also had three draw controls in the final and six goals in the tournament, was named as the MPSF Tournament Most Valuable Player. Also named to the all-tournament team were Foard, junior Eleanor Foote, and senior Jamie Nesbitt.

In addition, Lauren Schmidt was named MPSF Player of the Year, Amy Bokker was Coach of the Year, and senior defender Maris Perlman, junior midfielder Julie Christy, and junior attacker Dana Lindsay received All-MPSF first-team honors.

Postseason Success

Stanford has had great success since becoming a varsity sport and entering NCAA Division I play in 1995. The Cardinal has maintained its success through terms in three conferences: the Western Women's Lacrosse League (1995-2001), Mountain Pacific Lacrosse League (2002-2003) and Mountain Pacific Sports Federation (2004-present). Here are some facts that illustrate the Cardinal's success in conference postseason play:

- 12 conference titles in 15 years
- All-time postseason record (including 2006 NCAA game): 31-4
- Record in conference tournaments: 31-3
- Conference tournament record since 1998: 28-1
- Record in conference championship games: 12-1
- Record in MPSF tournament play: 13-1
- Record in MPSF championship games: 5-1

Thursday's Opponent: Louisville

The Cardinals (9-6) finished in a three-way tie for fourth in the Big East Conference, and advanced to the conference tournament semifinals where they lost to Georgetown, 21-12, on Friday. This will be the first meeting between Stanford and Louisville. Two Cardinal players made the All-Big East second team: Emily Dashiell, a sophomore midfielder player, and Bergan Foley, a sophomore attack. This will be the first of a two-game Northern California trip for the Cardinals, who conclude their season Saturday at UC Davis.

Saturday's Opponent: Penn

The Quakers are ranked No. 3 in the nation and were undefeated until a narrow 11-9 defeat at No. 1 Northwestern on Saturday in a rematch of last year's NCAA championship game. Over the last three years, Penn is 47-5, but that includes a 1-4 mark against Northwestern, the four-time defending champ. Take away those games and Penn is 46-1. The only non-Northwestern loss in that span was to Stanford, 10-8, on March 9, 2008. Then-senior Daphne Patterson had three goals for Stanford in the game and current junior Charity Fluharty scored twice. Stanford has won two of their three meetings in the series. Penn has won the past three Ivy titles and has reached the NCAA final the past two years.

Stanford to Play at Historic Franklin Field

This will be Stanford's third appearance at Penn's historic Franklin Field, the 52,593-seat stadium built in 1895 (Stanford split games there in 1998 and 1999). Best known as the site of the Penn Relays track and field meet for more than 100 years, the stadium also is notable for other reasons. It was the home of the Philadelphia Eagles from 1958-1970, the site of the 1960 NFL Championship game (a 17-13 Eagles victory over Green Bay and Vince Lombardi) and the place where Philadelphia fans cemented their merciless reputation by infamously booing and throwing snowballs at Santa Claus, at an Eagles game in 1968.

